

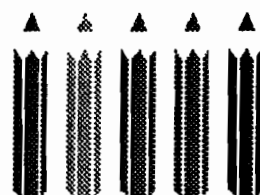
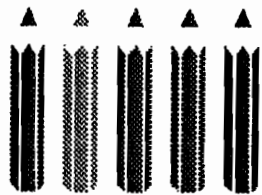
ACTIVITIES TO HELP CHILDREN LEARN COLOURS

With any of these activities it is often a good idea to introduce two colours at first then gradually add more.

- Cut different coloured circles out of construction paper. Place them on the floor and ask the child to jump on a different coloured circle. Start with just 2 or 3 colours.

Same as before, only put the coloured circles on the wall. Ask the child to run and touch the 'green' circle, then the 'red' circle. Both the activities could be done outdoors as well as in the house.

- Make a bridge or tunnel out of old milk containers or shoe boxes. Ask the child to drive the 'red' truck over the bridge or the 'blue' truck through the tunnel.
- Make paper balls by crumpling up different coloured paper. Ask the child to throw you the 'green' ball, then the 'blue' ball etc.
- Make paper airplanes from different coloured paper. Ask the child to fly the various coloured planes.
- Make a deck of colour cards or a colour wheel. Ask the child to pick a card or spin the wheel and touch something in the room that is the same colour as the card. If space is limited, the same activity can be done while looking at a picture book.



- Sorting by colour can be done by setting out sheets of coloured paper or ice cream pails covered in different coloured construction paper. Collect a variety of solidly coloured objects (red comb, blue socks, green toothbrush etc.) and put them in a bag. Ask the child to reach into the bag and select an object, and then put the object in its matching container/paper mat. This can also be made into a relay game.
- Colourful music making can be done by filling a few glasses or bottles (glass not plastic) with different amounts of water ($\frac{1}{4}$, $\frac{1}{2}$, $\frac{3}{4}$, full). Either colour the water with food colouring (each container a different colour) or put a piece of coloured paper under each glass. Give the child a metal spoon, say one of the colours (e.g. red) and ask the child to gently tap the side of the red glass with the spoon. Each glass should make a different sound.
- Using an assortment of coloured beads, ask the child to thread a red bead, blue bead etc. onto a dowel, pipe cleaner, string or shoelace. Fruit loops cereal, toilet paper roles (cut and coloured) can also be used as beads.
- Make colour jars by covering pickle and jam jars with coloured paper. Make a blue jar, red jar etc. by covering the jar and the lid. Ask the child to sort small objects (marbles, smarties etc.) into their matching jar. After the objects have been sorted, ask the child to put the coloured lids on the matching jars. If using larger objects such as blocks you can make this task more challenging by using kitchen tongs to place the objects in the jars.

